

## SCREENING TOOL

For establishment of *gSoba-Rigpa* Wellness Services

SI.NO	CRITERIA	YES	NO	REMARKS
1	<b>Executive summary</b>			
2	<b>Details of the proponent</b>			
	<i>Name &amp; address</i>			
	<i>Citizenship identity card/resident permit</i>			
3	<b>Location and the address of the proposed center</b>			
4	<b>Organizational chart</b>			
5	<b>List of Services</b>			
	<i>Chhulum (Herbal bath)</i>			
	<i>Langlum (Herbal steam bath)</i>			
	<i>Langduk (Herbal steam application)</i>			
	<i>Bashakai Lum ( Justicia Adhatoda bath)</i>			
	<i>Shudag Lum (Acorus Calamus bath)</i>			
	<i>Num Lum ( Oil bath)</i>			
	<i>Doenshing Num Lum ( pine needle oil bath)</i>			
	<i>Khempa Num Lum ( Artemisia oil bath)</i>			
	<i>Menchhu ( Medicinal water bath)</i>			
	<i>Numtshuk ( Heated oil compression)</i>			
	<i>Chinglum ( herbal compression)</i>			
	<i>Tshadhuk ( Hot compression)</i>			
	<i>Sildhuk ( Cold compression)</i>			
<i>Numjuk ( oil massage)</i>				

	<b>Womye Jukpa</b> ( <i>milk massage</i> )			
	<b>Dheigu Jukpa</b> ( <i>Paste massage</i> )			
	<b>Drilchayi Jukpa</b> ( <i>Dry flour massage</i> )			
	<b>Dhamgi Jukpa</b> ( <i>Red mud massage</i> )			
	<b>Driduk</b> ( <i>Aromatherapy</i> )			
	<b>Food and Diet counseling</b>			
	<b>gSorid Zheney &amp; Luejong</b> ( <i>meditation &amp; exercise</i> )			
6	<b>Human Resource plan</b>			
	<i>Competent technical personnel certified by FoTM, KGUMSB</i>			
	<i>Administrative &amp; non-technical staff</i>			
7	<b>List of equipment &amp; consumables</b> ( <i>as per the service</i> )			
8	<b>Design &amp; Layout of the center</b> ( <i>as per the guideline</i> )			
	<i>Fulfill the minimum standard (new structure)</i>			
	<i>Fulfill the minimum standard (existing structure)</i>			
9	<b>Waste management plan</b> ( <i>as per the waste management regulation of Bhutan</i> )			
10	<b>Clearance certificates</b> ( <i>from local government or Thromde</i> )			

**Name and signature of the committee member:**